

Volunteer Spotlight: Hospice Patio Pals

This year marks the 10 year anniversary of the Hospice Patio Pals Volunteer program. This wonderful group of volunteers, give of their time and gardening talents to enhance the patio space outside each patient room, as well as the entire Hospice center grounds. By caring for the gardens and adding to their beauty year after year, these volunteers are impacting the patient experience at Hospice.



To learn more,
contact Hospice
Volunteer
Coordinator
Debbie Holloran
at 301-4622.

St. Elizabeth Prepares For FLU Season

As part of our vision to lead the Northern Kentucky region to become one of the healthiest communities in America, St. Elizabeth requires that all associates, physicians and volunteers receive an annual influenza vaccination.

Influenza vaccinations will be provided FREE of charge by Employee Health and will be administered at all St. Elizabeth facilities at convenient times and dates. **Documentation of vaccination or appropriate documentation (described below) are due no later than December 4.** Failure to complete this requirement by December 4 will result in ending your service at St. Elizabeth until after Flu season.

If you...

- prefer the high dose vaccine, limited quantities are available to volunteers 65+ at Employee Health only
- prefer to receive your flu vaccine through your physician/other healthcare clinic, you must submit documentation (including your name, name of provider, date received) to the Volunteer Office
- have a medical reason to not receive a flu vaccine; please call your Volunteer Office prior to November to obtain the appropriate documentation
- choose to not receive the flu shot, you will be ineligible to volunteer from December 5 – April 2020

St. Elizabeth Employee Health – beginning Sept. 23
Monday – Friday, 7 a.m. – 4 p.m., No Appointment Needed
375 Thomas More Parkway, Suite 205 (Upper Level)
Crestview Hills, KY 41017

FLU Clinics in September

- 9/23, 7 a.m. – 11 a.m., **EDG** Conference Room J
- 9/24, 7 a.m. – 11 a.m., **FLO** Café Conference Room
- 9/25, 7 a.m. – 11 a.m., **FTT** Café Conference Room
- 9/28, 7 a.m. – 11 a.m., **EDG** Conference Room F
- 9/30, 2 p.m. – 4 p.m., **FLO** Café Conference Room

Questions? Call your Volunteer Office or the Employee Health office at (859)301-6265.



WELCOME

Please give a warm welcome to the volunteers who joined our team in **August**:

Susan Berger	Rachael Logsdon
Breanna Hartman	Anh Nguyen
Rachel Heis	Courtney Stephens
Melissa Howard	John Willig

In Memoriam

We are honored to have known these volunteers who gave of themselves to help St. Elizabeth. It's been a pleasure to share conversation and laughs while being a witness to the many lives they have touched.

Charlotte Volpenhein

Emergency Department, EDG

Dody Landwehr

Volunteer/PrimeWise Office, EDG



High School Volunteer Scholarship Opportunity

Available for high school volunteers who will be graduating in 2020, St. Elizabeth awards several \$1,000 scholarships to volunteers that achieve 100 service hours or more by January 1 of their senior year (1-1-2020). *If you are a current high school senior, please keep an eye on how many hours you have completed to date and how many more you may need to be eligible to apply for a scholarship.*

Scholarship applications are sent to those that qualify in early January and are due in early February. Scholarship recipients are recognized at the annual Volunteer Appreciation Dinner in the spring. Scholarship recipients must continue their volunteer service through to graduation to remain eligible for scholarship distribution in the summer.



Wellness Corner

The monthly Wellness Activity Calendar is available in the Volunteer Office.

Well-Being Bingo

See the attached communication from Joseph Bozzelli, VP Mission Services and Pastoral Care, regarding **Well-Being Bingo**. This program is to help nourish you in body, mind, and spirit.

Blood Pressure Checks

9/17: **Ft. Thomas**, in front of cafeteria, 11am to 1pm

9/26: **Edgewood**, in cafeteria, 11:30am to 1:30pm

9/30: **Florence**, in front of the cafeteria, 11am to 1pm

Chair Massages

9/20: **Florence**, Lower Level Conf. Room, 10:00am to 1:00pm; Register by calling (859) 301-6285; \$10 - \$20

Races/Events

2019 Susan G. Komen More Than Pink Walk:

9:30am to 2pm at Coney Island. Call Target Health at 301-9004 for more information.

Healthy Cooking Demos

Need some ideas to spice up your eating habits and cooking? Join us for healthy, hands-on cooking demonstrations which will allow you to see, taste, and learn - with an emphasis on healthy seasonings and cooking techniques. Food samples will be provided.

How to Build a Proper Sauce: Simple, Quick, Fresh

October 15th, 5:30-6:30pm

Edgewood- Conference Rooms F and G

Lead by Tyler Pittman, Sous Chef, and

Tyler Retyi-Gazda, Lead Cook Edgewood

To register sign up at: <https://bit.ly/2JT5CMN>.

