

VOLUNTEER *Voice*

Newsletter

St. E Hosts M.O.O.N. Program



For the third year, St. Elizabeth hosted high school students for the M.O.O.N. Program. This five-day learning event exposes the students to the profession of being a physician through observation of a physician's day-to-day life in their practice offices, on inpatient units, and in the operating room.

The brainchild of St. Elizabeth General Surgeon Dr. Ryan Moon, this year's program took place July 15-19 and expanded to 25 participants, including 15 current or former high school volunteers (including Lauren and Matthew pictured below). Fourteen area high schools and five local counties were represented. Over 70 participating physicians exposed the participants to a variety of specialties, including Surgery, Anesthesia, Emergency Services, Family Practice, GI, Hospitalists, Oncology, Pulmonary/Critical Care, and Cardiology.

The M.O.O.N. Program is free to participants, who apply and then are blindly selected by a committee based upon passion for a career in healthcare, as opposed to academic skill. *Volunteer Services is one of the coordinating departments for this program.*



Refer A Volunteer and Receive \$25.00 Gift Certificate to Gift Shop!

Do you have a friend or neighbor interested in volunteering? If you refer someone to the volunteer office and they complete all of the volunteer requirements and begin volunteering, you will receive a \$25 gift certificate to the St. Elizabeth Gift Shop. To apply for a position at any of our campuses, visit www.stelizabeth.com/volunteer or call any Volunteer Office for more information.

Most Needed Volunteer Areas:

Gift Shop
Second Time Around Thrift Shop (COV)
Surgery Waiting
Information Desk
Cancer Resource Center (EDG)
Greeter Desk (Dolwick/SETEC)



Thank you for referring your family and friends to volunteer at St. Elizabeth!

In Memoriam

Mary Grosenbach, Ft. Thomas
Gift Shop, Auxiliary

Lou Porco, Edgewood
Cardiac Surgery Waiting

James Young, Hospice
Hospice Bereavement



High School Volunteer Program: Families Continue a Tradition of Service

As Session 2 of our 2019 High School Volunteer Program is wrapping up, we are so appreciative of the service more than **270** high school students provided this summer! Together, they spent greater than **6,700** hours in service of the patients and guests of St. Elizabeth Healthcare.

We are especially grateful to the families that have made volunteering at St. Elizabeth a tradition! Ben, Matthew, and Owen Setters, three brothers ranging in age from 15 to 20, have been sharing their summer with us by transporting discharged patients from their rooms to the lobbies to go home or assisting the Physical Therapists in the Total Joint Center at Edgewood.



In the Florence Gift Shop, the family tradition of service spans three generations! Beginning with matriach Ann Goeke, who volunteered for 19 years prior to her passing in 2018, Ann's daughter and four grandchildren have continued the family's service to St. Elizabeth's patients and guests.



Wellness Corner

The monthly *Wellness Activity Calendar* is available in the Volunteer Office.

Blood Pressure Checks

8/2: **Dolwick**, Room 2103, 11am to 1pm
8/6: **Ft. Thomas**, Cafeteria, 11am to 1pm
8/14: **Florence**, Cafeteria, 11am to 1pm
8/21: **Edgewood**, Cafeteria, 11:30am to 1:30pm

Chair Massages

8/16: **Edgewood**, Conference Room J, 10:00am to 1:00pm; Register by calling (859) 301-6285

Races/Events – Free Registrations available

Did you know that you can get free registration to upcoming races/events for walkers and runners? If interested, contact Jessica Hartig at Target Health (301-9004) to be added to the “race list”.

Wellness Recipe

Corn Tomato Avocado Salad (serves 4)

- 1 cup steamed corn kernels
- 5 oz diced avocado
- 1 ½ cup diced Persian cucumbers
- 1 cup halved cherry tomatoes
- 2 tbsp diced red onion
- 2 tsp extra virgin olive oil
- 2 tbsp fresh lemon juice
- ¼ tsp salt
- Ground pepper to taste

Toss all ingredients together and enjoy!

WELCOME

Please give a warm welcome to the volunteers who joined our team in **July**:

Kathleen Adams	Geri Rowan
Ken Bodner	Luann Ryan
Malinda Cline	Addison Schneider
Diane Cook	Amie Stines
Jim Corbit	Abby Swensen
Catherine Roeding	