



February 2025

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# High School Service Internship Program Applications

Do you know of an upcoming senior in 2025-2026 interested in career opportunities in healthcare?

Volunteer Services has been guiding local high school students to determine their career paths for many years!

Students from approximately 15 local schools spend a portion of their school day at St. Elizabeth collaborating with staff, learning about future career paths in patient care, engineering/facilities, information technology, culinary, business, and business/marketing through service-learning opportunities.

The application process is under way and staff will meet in March to review applicants and interview and select the class of 2024-2025. Last year we interviewed 100 students from 160 applicants, so we are expecting a huge number again this year.

Interested students can learn more about the program by calling Volunteer Services at 859-301-2140.

### Winter Weather Instructions

Whether we like it or not, winter has arrived and with it comes the threat of snow and ice. If you feel you cannot make it in for your volunteer shift, please notify your department at your earliest convenience that you will not be there. Be sure that you have a contact name and phone number in your department so that you can reach out to them directly in case of weather or sickness-related absences.

Our number one priority is your safety!

## NATIONAL WEAR RED DAY Friday, February 7

February is Heart Month, and as always, St. Elizabeth Healthcare is dedicated to keeping the community a beat ahead of heart disease through education, awareness, and community leadership. Heart disease is the leading cause of death in the United States, as well as Kentucky and Indiana.

To show support, signage at the Edgewood, Florence, Dearborn and Ft. Thomas campuses will be illuminated red all month long. Join St. Elizabeth every Friday and Saturday in February as we celebrate Heart Month by wearing red! If you are volunteering on Fridays and Saturdays, you may wear red in place of your volunteer uniform shirt.



### Celebrating Lunar New Year with Ella Lee

Lunar New Year is a time for family, tradition, and reflection—and for many, it's a chance to bond over shared customs and create lasting memories. For Ella Lee, an Edgewood Volunteer, the holiday is a special opportunity to come together with loved ones and reflect on what's truly important.

"For me, Lunar New Year means a dedicated day of celebration to thoroughly enjoy each other's company," she shares. "It's like Thanksgiving—gathering together to appreciate what we have

and looking forward to the new year."

One of the most cherished aspects of Lunar New Year celebrations is the family meal. "We always cook and enjoy a large family-style feast. It's such a meaningful way to spend time together and share food that brings us closer," she explains.

The traditions are just as important as the food. "I love playing card games with my family during the holiday—it's a great way to bond. And of course, receiving red packets is always fun!" they add, smiling. The red packets, a tradition symbolizing good luck, are a beloved part of the celebration for many.

Her culture also plays a significant role in her volunteer work at St. Elizabeth. "As an aspiring medical researcher volunteering in the lab department, I've learned to value collaboration and diverse perspectives," she explains. "My upbringing has shaped my approach to problem-solving, and it's been wonderful to contribute those insights to the lab community. I'm grateful to work alongside professionals who share their knowledge and experiences with me."

For Ella, both Lunar New Year and her service at St. Elizabeth are reminders of the importance of family, tradition, and community—values that continue to guide her as she moves into the new year.

Wishing everyone a prosperous and joyful Lunar New Year!

### **Comment Corner: Celebrating Impactful Moments**

This month we received these shout outs:

#### Dearborn

"If a volunteer had not seen us in the halls & offered to help, we would have gotten lost "

#### Edgewood

"Every staff member and volunteer I encountered was very professional, warm and caring."

#### Ft. Thomas

"A male greeter in lobby asked if I needed help, wheelchair it was a very thoughtful kind offer & I appreciated!"

# **WELCOME NEW VOLUNTEERS IN JANUARY**

- Kalkidan Alemu
- Mary Geddie
- Rachel Jackson
- Vetiya Lemine
- William Macke

- Keith McClanahan
- Austin Malin
- · Saleemah McGuire
- Jill Smith
- Frank Walterman

St. Elizabeth Volunteers are passionate about their role in making a positive impact on the patient experience.

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