



KENTUCKY HIGH SCHOOL ATHLETIC ASSOCIATION
HEAT INDEX MEASUREMENT AND RECORD

School: _____

Sport _____

Table with 7 columns: DATE, TIME, TEMP, HUMIDITY, HEAT INDEX (from chart), ACTIVITY REVISION??, SIGNATURE. The table contains multiple empty rows for data entry.

Using the following scale, activity should be altered and / or eliminated based on this Heat Index as determined –

Table with 2 columns: Heat Index range and corresponding guidelines. Rows include: Under 95 degrees Heat Index, 95 degrees to 99 degrees Heat Index, 100 degrees (above 99 degrees) to 104 degrees Heat Index, Above 104 degrees Heat Index, and Continual Use Procedure.